

Cultural Kids

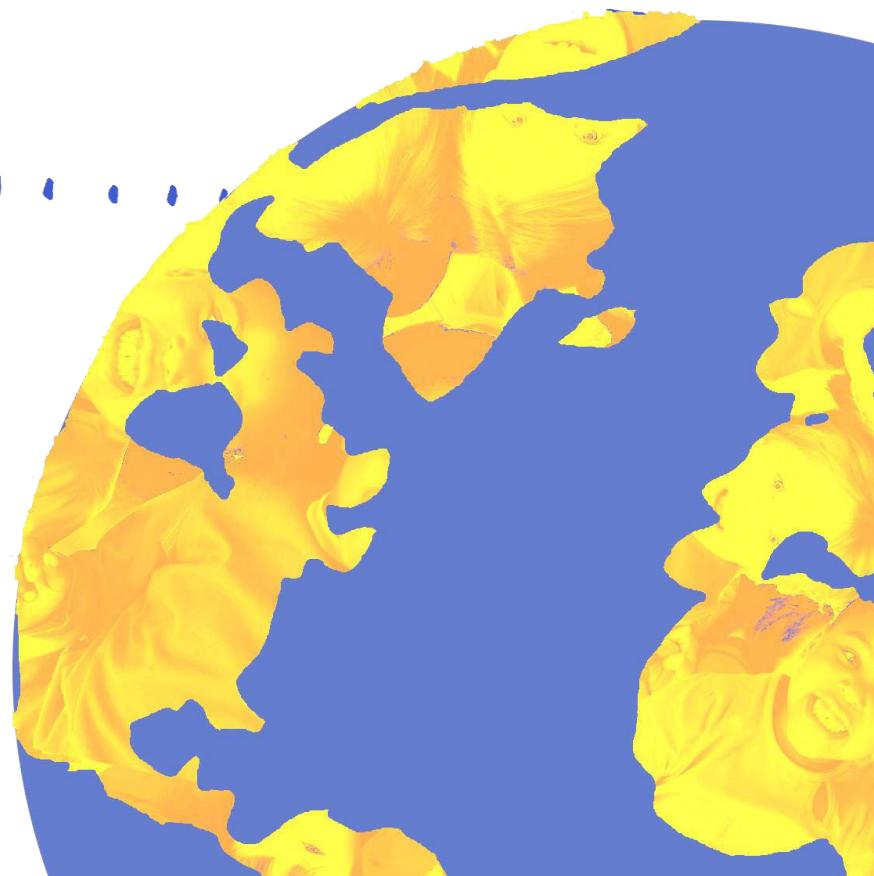


BRINGING DIFFERENT
CULTURES to you

Activity Pack

Let's learn about...

- . Different cultures
- . Festivals and celebrations
- . Countries on the map and flags
- . Traditional food, music and games



ACTIVITY SESSION DETAILS

Session delivery

Duration: 2 hours

Staff: Two staff will set up and run the session

What we'll bring

- Resources
- Activity materials
- Information display board
- Activity sheets

Choice of cultural packs

Each includes a range of activities to choose from

- Africa
- America
- Australia
- China
- India
- Japan
- Mexico
- Middle east

Feedback

We will collect the feedback from children in a fun and entertaining way.

We welcome suggestions and feedback from you to improve our sessions .

Charges

Two hour session: £100 for a group of 12 children.

Description of session

Children will participate in an activity whilst learning about the relevant culture. Information will be delivered in an entertaining and engaging way by staff by use of props. An information board will be displayed as a visual aid for inspiration.

Each child will receive an activity sheet to take home, plus any craft project they have produced during the session.

Our Staff

Our staff are multi-lingual, from a variety of cultural backgrounds and are all qualified and experienced in working with children (currently working within our crèche). All staff are PVG checked and registered with SSSC.

Our session staff will work with the after school clubs to deliver structured and planned activities covering diverse cultures around the world.

All you need to do is...

1. Choose a culture
2. Pick an activity
3. Select session date and time
4. Give us a call

We will do the rest!

AFRICA

Choose one of the following fun activities for your session.



African shield

Different tribes in Africa are recognisable by the patterns on their shields.

We will learn about how the shields are made and come up with our own designs.



Sticker shekere

African shekeres are musical instruments made from dried gourds that are shaken, tossed or moved from hand to hand to create different rhythms and songs.

We will show you how to make your own using plastic bottles and various craft materials.



African collar necklace

Traditional African jewellery is made from materials such as gold, shells and beads. You can tell where a person is from by the style of their jewellery.

Together we will design and make unique collar necklaces like those worn by the Yoruba tribe of East Africa.

INDIA

Choose one of the following fun activities for your session.

Henna art

Henna has been used throughout the ages to dye hair and create body art designs.
We will learn how to draw traditional patterns.



Indian wall hanging

India features a rich history of art work. Indian arts and crafts are recognisable for their intricate patterns and bright colours.

Rangoli

Rangoli is an Indian art form where patterns are created on the ground using materials such as coloured rice, flour, coloured sand and flower petals.



How about something more active?



Cricket

Many people believe cricket should be the national game of India.



Bollywood dancing

Traditional Indian dancing uses hand gestures, facial expressions and specific movements. We will learn these and the symbolism behind them.

JAPAN

Choose one of the following fun activities for your session.



Japanese fans

The folding fan was invented in Japan, sometime between the 6th to 9th century. We will learn how to design and make our own.

Japanese windsocks

"Koinobori", carp windsocks are used as decorations in Japan for festivals. In Japanese culture, the carp symbolizes courage and strength because of its ability to swim up a waterfall.



Kokeshi dolls

Recreate a traditional craft from Japan using regular household items! Kokeshi dolls have been around since the 17th century.

Washi ningyo

Known as Japanese paper dolls make a beautiful and delicate decorations, but they also make fantastic bookmarks!



Pagoda

The pagoda is a distinctly Asian type of architecture that often includes many tiers (or levels) and multiple eaves and rooftops on the buildings.

CHINA

Choose one of the following fun activities for your session.



Chinese shadow puppets



Shadow Puppetry is said to have originated in China over two thousand years ago.

We will learn about the craft and make our own puppets.

New Year dragon art

In China the dragon is a symbol of power, strength, and good luck for people who are worthy of it.

We will look at the history and symbolism and create dragon decorations.



Chinese lantern

Lanterns have been produced in China for over 2000 years. Usually made of paper or silk, they are used in celebrations.

We will learn about the craft and make our own versions.



AMERICA

Choose one of the following fun activities for your session.

Shaman sticks

Shaman sticks are also known as spirit sticks and are used for different practical reasons on long journeys. Native American Shamans used their staves to record tales.

We will discover ideas behind the sticks, and make our own.



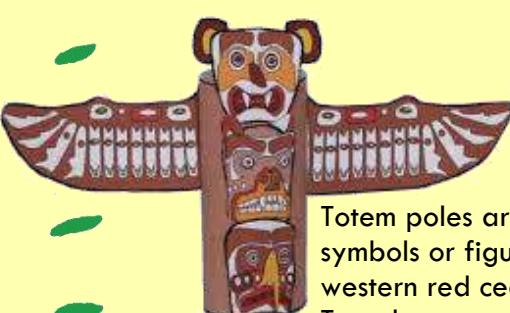
Rainbow dream catcher



Traditionally, Native American women would weave webs for their children and grandchildren, using naturally found materials. These dream catchers were believed to filter out bad dreams and only allow good thoughts into the mind. We will talk about this history and make our own dream catchers.

Sand painting

Sand paintings were traditionally produced by Native American medicine men for use in healing rituals. We will learn about the different types of sand painting and produce our own designs.



Totem poles

Totem poles are sculptures carved on poles, posts, or pillars with symbols or figures. They are often made from large trees, mostly western red cedar, by Native Americans. Together we will explore the history and symbolism and make miniature versions.

Rain sticks

Rain sticks are ceremonial instruments made from hollow branches or cactus, filled with seeds or pebbles. When tilted, they make a sound like falling rain.

We will look at different ways of making rain sticks.



MIDDLE EAST

Choose one of the following fun activities for your session.

Ocean drum

The ocean drum is a percussion instrument that can produce soothing sounds which sound just like the ocean.

We will explore the history of these instruments and learn how to make our own.



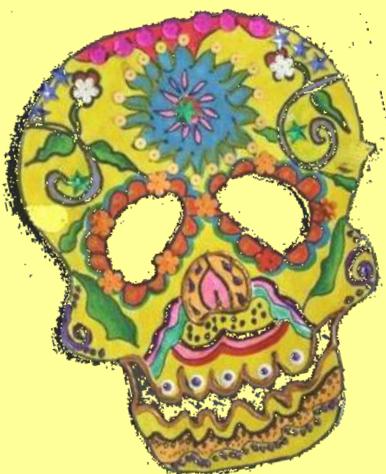
Dumbeks

Dumbek is a type of rhythm created on a drum. In the Middle East dumbeks or goblet drums are widely used.

We will learn about the different rhythms and design and make our own drums.

MÉXICO

Choose one of the following fun activities for your session.



Skull masks

In Mexico The Day of the Dead is celebrated from 31st October for 3 days. A common symbol of the holiday is the skull which is worn as masks and its image used in sweets and chocolate.

We will discover more about the meaning of the skull in this holiday, and make our own masks.



Mexican metal tooling

Traditional metal working in Mexico used metals such as gold, silver and copper. Over time other metals were mined and worked.

We will explore the history of metal working and make our own designs in foil.

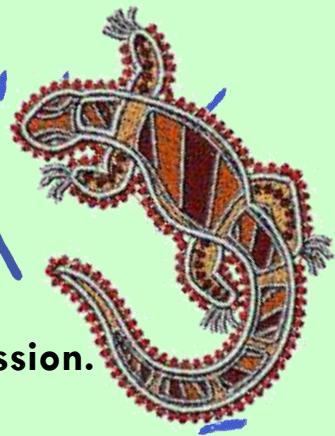
Pan de Muerto

Pan de muerto is Spanish for bread of the dead. It is a sweetened soft bread shaped like a bun, often decorated with bone-shaped pieces. Pan de muerto is eaten on Día de Muertos, at the gravesite or altar of the deceased.

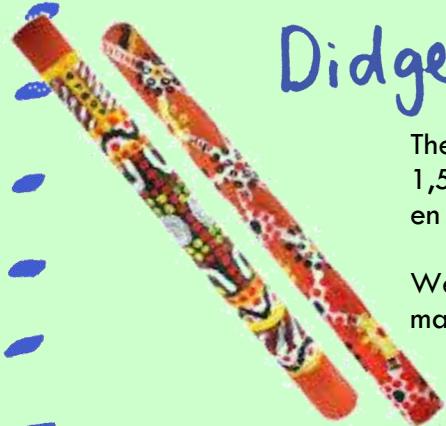
We will explore this fascinating practice by baking and decorating our own bread of the dead.



AUSTRALIA



Choose one of the following fun activities for your session.



Didgeridoo

The didgeridoo is a wind instrument developed in Australia around 1,500 years ago. It is sometimes described as a natural wooden trumpet or "drone pipe".

We will learn about the history and how to use the instrument, and make our own versions.

Boomerang



Boomerangs have been historically used for hunting, as well as a sport, and entertainment. They are commonly thought of as an Australian icon.

We will make and decorate our own boomerangs.



Dot painting

Dot painting consists of various paint colours like yellow (representing the sun), brown (the soil), red (desert sand) and white (the clouds and the sky). These are traditional Aboriginal colours. Dot paintings can be painted on anything though in aboriginal times they were painted on rocks, in caves, etc.

Together we will develop our own dot paintings.